General Information

Location: Pyle Center, 702 Langdon St., Madison, WI. Enjoy lunch on your own at one of the many nearby restaurants or at the UW-Madison Memorial Union, located one block away. Outside food items (including items from home) may not be consumed at the Pyle Center.

Cancellation policy: If you cancel your registration at least three full business days before a program begins, you may be eligible for a full refund minus a $25 administrative fee. If you cancel less than three full business days before the program begins, or do not attend, you are responsible for the entire registration fee.

Approved Hours/Continuing Education Credits: 0.1 CEU=1 hour of professional continuing education. Participants receive verification of attendance at end of program.

The University of Wisconsin-Madison Division of Continuing Studies is an approved continuing education provider for the following organizations:

Social Workers: UW-Madison Division of Continuing Studies (provider #1042) is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB, aswb.org), through the Approved Continuing Education (ACE) program. UW-Madison Division of Continuing Studies maintains responsibility for the program. ASWB Approval Period: 4/27/2016-4/27/2019. Social workers should contact their regulatory board to determine course approval. Social workers participating in this course will receive 30 continuing education clock hours. Wisconsin Department of Safety and Professional Services, and the Iowa, Illinois, Michigan, and Minnesota Boards of Social Work recognize ACE programs.

Psychologists: UW-Madison Division of Continuing Studies is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists.

Counselors: UW-Madison Continuing Studies has been approved by the National Board for Certified Counselors (NBCCC), Approved Continuing Education Provider (ACEP) #5990. Programs that do not qualify for NBCCC credit are clearly identified. University of Wisconsin-Madison Division of Continuing Studies is solely responsible for all aspects of the programs.

Health Educators (CHES/MCHES): UW-Madison Division of Continuing Studies (MEP4561) is a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. (NCHEC) for Certified Health Education Specialists (CHES) and Master Certified Health Education Specialists (MCHES).

Marriage and Family Therapists: These programs qualifies as an accredited university continuing education course relevant to professional practice.

Wisconsin Substance Abuse Counselors: These programs qualifies as a continuing education course consisting of relevant subject matter taught by qualified presenters.

Educators: These programs may qualify towards your Professional Development Plans (PDPs).

Other professional: Contact your own board or organization for specific continuing education requirements.

Motivational Interviewing

Beginning and Certificate Level Programs

Level One Training: Beginning Level
Motivational Interviewing in Diverse Practice Settings
Mar 27-28, 2017

Level Two Training: Certificate Level
Advancing Practice in Motivational Interviewing
Apr 24-25 and May 25, 2017

All programs held at Pyle Center
702 Langdon St., Madison, WI
Motivational Interviewing
Beginning and Certificate Level Programs

What is Motivational Interviewing?
Years of research have shown Motivational Interviewing (MI) to be a well-established, evidence-based approach to promoting positive behavior change across a wide range of settings, programs, and populations. It is most effective for clients who are ambivalent about changing or initially not even considering making changes.

What is the course design?
MI represents a complex skill set that requires dedicated effort. Both Level One and Level Two of this MI series draw upon best training principles to help you work toward proficient MI practice and achieve the best possible outcomes in your work.

Level One Training: Beginning Level
Motivational Interviewing in Diverse Practice Settings
Mar 27-28, 2017
9am-4pm
Instructor: Laura A. Saunders
This two-day training introduces MI theory and research, including how and why behavior changes. Learn the basic practice elements of MI and the fundamental processes of engaging, focusing, evoking, and planning with clients. We also contrast MI with other methods of behavior change. Practice elements of MI and the fundamental processes including how and why behavior changes. Learn the basic MI practice.

Learning Objectives
• Identify MI as an evidence-based practice
• Contrast MI with other methods of behavior change
• Identify the elements of practice (spirit, skills, processes)
• Identify change-talk as an active ingredient of MI
• Observe MI and begin developing person-centered OARS skills

NOTE: At the conclusion of the workshop, learners who registered for Level Two Training or anticipate registering should audio record an MI session with a learning peer and submit the recording to the trainers for review.

Level Two Training: Certificate Level
Adapting Practice in Motivational Interviewing
Apr 24-25 and May 25, 2017
9am-4pm
Instructors: Scott Caldwell, Laura Saunders
Level Two Training is three days long and requires the submission of two audio recordings. This level is limited to 35 people.

In this training you design your own learning plan based on feedback from your first tape. Develop complex reflective listening skills: eliciting, responding to change-talk, focusing and evoking, developing a change goal with clients, supporting plan and commitment, and measuring and tracking key outcomes. Complete and receive feedback on two additional audio recordings of MI practice.

Learning Objectives
• Describe the benchmarks of proficient practice
• Recognize and interpret individualized MI feedback
• Create an individual learning plan and a pathway toward MI proficiency
• Recognize change-talk language cues
• Practice using MI strategies to elicit change-talk
• Practice using focusing sessions and directive use of OARS skills
• Revise practice goals and learning plan
• Develop a change plan with clients
• Describe follow-up sessions with clients to track outcomes
• Create and apply ways to continue integration and personalization on MI into your work.

Earn a Certificate of Completion in Advancing Practice in Motivational Interviewing from UW-Madison Division of Continuing Studies upon completion of all classes and audio recordings.

Meet your trainers
Laura A. Saunders (MSISW) of the Department of Family Medicine at the UW-Madison School of Medicine and Public Health, has provided MI training to physicians, nurses, medical students, psychologists, addiction-treatment providers, social workers, physical therapists, and health educators for 15 years. She designs, facilitates, and delivers training and coaching in person, online, and via distance learning in the fields of health care, human services, public health, and criminal justice. A member of the Motivational Interviewing Network of Trainers (MINT), Laura provides MI training every spring and fall through the UW-Madison Division of Continuing Studies; participants consistently rate these trainings at high levels of satisfaction.

Scott Caldwell is a licensed substance abuse counselor who has worked in substance abuse treatment and prevention for two decades. Currently at the Wisconsin Department of Health Services, he coordinates the Screening, Brief Intervention, and Referral to Treatment (SBIRT) program and regularly provides MI training and technical assistance to publicly funded provider organizations. Scott is a member of the Motivational Interviewing Network of Trainers (MINT). He provides MI training every spring and fall through the UW-Madison Division of Continuing Studies; participants consistently rate these trainings at high levels of satisfaction.

Registration Form
Please register me for
Level One: Beginning Level
Motivational Interviewing in Diverse Practice Settings
This program is approved for 12 continuing education contact hours (CECH) for Certified Health Educator (CHES/MCHES).

Mar 27-28, 2017; 9am-4pm; $350; #2761

Level Two: Certificate Level
Adapting Practice in Motivational Interviewing
This program is approved for 18 continuing education contact hours (CECH) for Certified Health Educator (CHES/MCHES).

Apr 24-25 and May 25, 2017; 9am-4pm; $450; #2762

Enter brochure CODE FROM MAIL PANEL: UW-

Are you a National Certified Counselor through the National Board for Certified Counselors (NBCC)? Yes No
May I contact you by phone for further information?

Cardholder's Name

Organization

Mailing Address

City / State / Zip

Phone (   ) Evening/Cell Phone (   )
Email 

Payment Method

Enclosed is my check payable to UW-Madison.

Card No. Expires

Contact Information

Phone

Fax

Email

Is your organization NAACMP approved?

Yes

No

Program Approval Information

Motivational Interviewing Certificate Online
Coming Fall 2017

If you would like to request an accommodation, please contact Andy Richardson at 608-265-3163 or email andy.richardson@wisc.edu. Requests are confidential.

These programs are offered by UW-Madison in cooperation with UW-Extension.

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