

# Programs for certified health educators (CHES and MCHES) Feb-May 2017

These high-quality continuing education programs fulfill National Commission for Health Education Credentialing (NCHEC) requirements for Certified Health Education Specialists (CHES) and Master Certified Health Education Specialists (MCHES). UW-Madison Continuing Studies is a designated NCHEC provider, offering innovative programming to assist you in attaining your continuing education contact hours (CECH).

## Online classes

For more information and learning objectives, or to register, visit [continuingstudies.wisc.edu/ches](http://continuingstudies.wisc.edu/ches). Start these classes anytime and complete them within one year, unless noted otherwise.

### Contemporary Issues in Geriatric Mental Health Care

Enrich your understanding of geriatric mental health care and develop leadership skills in this area.

- 15 CECH hours, \$225

### Cross-cultural Health Care Case Studies

Explore the importance of culturally competent care through case studies.

- 6 CECH hours, \$95

### Forgiveness: A Pathway to Emotional Healing

Learn about the psychology of forgiveness by listening to recorded audio from a one-day classroom program.

- 6 CECH hours, \$95

### Grief Support Specialist Certificate

Join renowned experts and a cohort of learners for a two-month exploration of tools for assisting people trying to cope with loss.

- Mar 17-May 15  
30 CECH hours, \$1,295 through Feb 17,  
\$1,495 after

## Coming in fall 2017:

### online motivational interviewing certificate

Get the knowledge and experience you need for successful MI practice. For more information, visit [continuingstudies.wisc.edu/certificates/motivational-interviewing](http://continuingstudies.wisc.edu/certificates/motivational-interviewing).

## Face-to-face programs

All classes are held at the Pyle Center on the UW-Madison campus. For more information and learning objectives, or to register, visit [continuingstudies.wisc.edu/ches](http://continuingstudies.wisc.edu/ches).

### Alcohol and drug abuse

Study comprehensive, research-based information and effective strategies for responding to people struggling with substance abuse and helping their families. Attend individual classes or take all six to earn the Substance Use Disorders Certificate. For more information and learning objectives, or to register, visit [continuingstudies.wisc.edu/certificates/substance-use-disorders](http://continuingstudies.wisc.edu/certificates/substance-use-disorders).

#### Class 1: Fundamentals of Substance Abuse and Addiction

- Tue, Mar 21  
6 CECH hours, \$150

#### Class 2: Substance Abuse, Families, and Trauma-Informed Care

- Wed, Mar 22  
6 CECH hours, \$150

#### Class 3: Effective Screening, Assessment, and Intervention

- Tue, Apr 18  
6 CECH hours, \$150

Face-to-face—Alcohol and drug abuse continued...

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UNIVERSITY OF WISCONSIN-MADISON

21 N. PARK STREET, 7TH FLOOR  
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## Programs for Certified Health Educators (CHES and MCHES)—Feb-May 2017

High-quality online and face-to-face continuing education with a provider approved by the National Commission for Health Education Credentialing (NCHEC)

# Programs for certified health educators (CHES and MCHES)

High-quality online and face-to-face continuing education with a provider approved by the National Commission for Health Education Credentialing (NCHEC)

- Enhance your competence as a health educator
- Gain knowledge and skills
- Earn NCHEC continuing education contact hours (CECH)

Feb-May 2017

For more information and learning objectives, visit:

- [continuingstudies.wisc.edu/ches](http://continuingstudies.wisc.edu/ches)
- [nchech.org/continuing-education](http://nchech.org/continuing-education)



Continuing Studies  
UNIVERSITY OF WISCONSIN-MADISON

...Face-to-face—Alcohol and drug abuse continued

**Class 4: Cultural Competency in Treatment and Recovery**

- Wed, Apr 19
6 CECH hours, \$150

**Class 5: Effective Models for Treatment**

- Tue, May 9
6 CECH hours, \$150

**Class 6: Motivating Clients for Change**

- Wed, May 10
6 CECH hours, \$150

**Elder health**

**Delirium: How to Respond When Told “This Is Not My Mom!”**

Learn about evidence-based approaches to delirium, including risk screening, prevention, acute intervention, and transitional care considerations.

- Wed, Mar 1
5 CECH hours, \$145

**Strengths-Based Care Management for Geriatric Mental Health Care**

Discover a philosophy and set of methods that emphasize the resources and skills of older adults.

- Thu, Mar 9
5 CECH hours, \$145

**Late-Life Anxiety**

Get the latest information on how to effectively respond to older adults with anxiety.

- Wed, Mar 22
5 CECH hours, \$145

**Loneliness: An Invisible Mental Health Epidemic Among Older Adults**

Explore research and therapeutic approaches that address the impact of loneliness in late life.

- Fri, Apr 7
5 CECH hours, \$145

**Promoting Safe, Appropriate Medication Use in Aging and Serious Illness**

Discuss threats to safe, appropriate medication use in aging and illness, and use root cause analysis to examine examples of adverse drug events.

- Mon, Apr 17
6 CECH hours, \$175

**Reducing Polypharmacy in Aging and Serious Illness**

Learn about a systematic approach to medication review, including appropriate discontinuation of medication.

- Tue, Apr 18
6 CECH hours, \$175

**Effective Psychotherapeutic Approaches for Older Adults**

Identify and examine psychotherapies proven more effective for older adults.

- Thu, Apr 20
5 CECH hours, \$145

**Managing Psychotropic Medication for Older Adults**

Learn about medication management for older adults and current trends in medication therapy for late-life mental health problems.

- Wed, May 3
5 CECH hours, \$145

**Care That Matters: Providing Person-Centered Dementia Care**

Explore the basic principles of needs-based care, which emphasizes identifying detractors and enhancers of person-centered dementia care.

- Thu, May 18
5 CECH hours, \$145

**NCHEC Approved hours**

These programs are sponsored by the Division of Continuing Studies, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. The programs are designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES). See program listings for number of continuing education contact hours

**Registration Form**

**Please register me for**

**Online classes**

- Contemporary Issues in Geriatric Mental Health Care \$225...#3051-17-LAAS
Cross-cultural Health Care Case Studies \$95...#2815-17-LAAS
Forgiveness: A Pathway to Emotional Healing \$95...#3309-17-LAAS
Grief Support Specialist Certificate March 17-May 15, \$1,295 before Feb 17, \$1,495 after...#3315-17-LAAS

**Alcohol and drug abuse**

- Class 1: Fundamentals of Substance Abuse and Addiction Tue, Mar 21, \$150...#2727-17-LAAS
Class 2: Substance Abuse, Families, and Trauma-Informed Care Wed, Mar 22, \$150...#2728-17-LAAS
Class 3: Effective Screening, Assessment, and Intervention Tue, Apr 18, \$150...#2729-17-LAAS
Class 4: Cultural Competency in Treatment and Recovery Wed, Apr 19, \$150...#2730-17-LAAS
Class 5: Effective Models for Treatment Tue, May 9, \$150...#2731-17-LAAS
Class 6: Motivating Clients for Change Wed, May 10, \$150...#2732-17-LAAS

**Elder health**

- Delirium: How to Respond When Told “This Is Not My Mom!” Wed, Mar 1, \$145...#2941-17-LAAS
Strengths-Based Care Management for Geriatric Mental Health Care—Thu, Mar 9, \$145...#3010-17-LAAS
Late-Life Anxiety—Wed, Mar 22, \$145...#3014-17-LAAS
Loneliness: An Invisible Mental Health Epidemic Among Older Adults—Fri, Apr 7, \$145...#3098-17-LAAS
Promoting Safe, Appropriate Medication Use in Aging and Serious Illness—Mon, Apr 17, \$175...#2973-17-LAAS
Reducing Polypharmacy in Aging and Serious Illness—Tue, Apr 18, \$175...#2974-17-LAAS
Effective Psychotherapeutic Approaches for Older Adults Thu, Apr 20, \$145...#3011-17-LAAS
Managing Psychotropic Medication for Older Adults Wed, May 3, \$145...#3019-17-LAAS
Care That Matters: Providing Person-Centered Dementia Care Thu, May 18, \$145...#3016-17-LAAS

Are you a National Certified Counselor through the National Board for Certified Counselors? Y N

Are you a psychologist? Y N

ENTER 3-DIGIT BROCHURE CODE FROM MAIL PANEL:

**Contact information**

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ORGANIZATION

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**Payment method**

- Please bill my organization at the address above.
Enclosed is my check payable to UW-Madison.
Please charge to the following account:
MasterCard VISA Am Ex Discover

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Online: continuingstudies.wisc.edu/ches
Mail to: UW-Madison Continuing Studies Registrations
Pyle Center, 702 Langdon St., Madison, WI 53706-1487
Phone: 608-262-2451 or 800-725-9692 (Wisconsin Relay 711)
Fax: 608-265-3163 or 800-741-7416
Phone, fax or online registrations must include payments by credit card or purchase order.

If you have a disability and would like to request accommodations, contact Andy Richardson at 608-262-0557 or andy.richardson@wisc.edu. Requests are confidential.

DCS-IMC-13921-1/17