Programs for certified health educators (CHES and MCHES) — Feb-May 2017

These high-quality continuing education programs fulfill National Commission for Health Education Credentialing (NCHEC) requirements for Certified Health Education Specialists (CHES) and Master Certified Health Education Specialists (MCHES). UW-Madison Continuing Studies is a designated NCHEC provider, offering innovative programming to assist you in attaining your continuing education contact hours (CECH).

Online classes
For more information and learning objectives, or to register, visit continuingstudies.wisc.edu/ches. Start these classes anytime and complete them within one year, unless noted otherwise.

Contemporary Issues in Geriatric Mental Health Care
Enrich your understanding of geriatric mental health care and develop leadership skills in this area.
- 15 CECH hours, $225

Cross-cultural Health Care Case Studies
Explore the importance of culturally competent care through case studies.
- 6 CECH hours, $95

Forgiveness: A Pathway to Emotional Healing
Learn about the psychology of forgiveness by listening to recorded audio from a one-day classroom program.
- 6 CECH hours, $95

Grief Support Specialist Certificate
Join renowned experts and a cohort of learners for a two-month exploration of tools for assisting people trying to cope with loss.
- Mar 17-May 15
- 30 CECH hours, $1,295 through Feb 17, $1,495 after

Face-to-face programs
All classes are held at the Pyle Center on the UW-Madison campus. For more information and learning objectives, or to register, visit continuingstudies.wisc.edu/ches.

Alcohol and drug abuse
Study comprehensive, research-based information and effective strategies for responding to people struggling with substance abuse and helping their families. Attend individual classes or take all six to earn the Substance Use Disorders Certificate. For more information and learning objectives, or to register, visit continuingstudies.wisc.edu/certificates/substance-use-disorders.

Class 1: Fundamentals of Substance Abuse and Addiction
- Tue, Mar 21
- 6 CECH hours, $150

Class 2: Substance Abuse, Families, and Trauma-Informed Care
- Wed, Mar 22
- 6 CECH hours, $150

Class 3: Effective Screening, Assessment, and Intervention
- Tue, Apr 18
- 6 CECH hours, $150

Face-to-face—Alcohol and drug abuse continued…

Register now! Call 800-725-9692 or 608-262-2451, or visit continuingstudies.wisc.edu/ches.

Questions? Contact Megan Reading, MPH, CHES, at megan.reading@wisc.edu.
Promoting Safe, Appropriate Medication Use in Aging and Serious Illness
Discuss threats to safe, appropriate medication use in aging and illness, and use root cause analysis to examine examples of adverse drug events.
- Mon, Apr 17
  6 CECH hours, $175

Reducing Polypharmacy in Aging and Serious Illness
Learn about a systematic approach to medication review, including appropriate discontinuation of medication.
- Tue, Apr 18
  6 CECH hours, $175

Effective Psychotherapeutic Approaches for Older Adults
Identify and examine psychotherapies proven more effective for older adults.
- Thu, Apr 20
  5 CECH hours, $145

Managing Psychotropic Medication for Older Adults
Learn about medication management for older adults and current trends in medication therapy for late-life mental health problems.
- Wed, May 3
  5 CECH hours, $145

Care That Matters: Providing Person-Centered Dementia Care
Explore the basic principles of needs-based, care, which emphasizes identifying detractors and enhancers of person-centered dementia care.
- Thu, May 18
  5 CECH hours, $145

NCHEC Approved hours
These programs are sponsored by the Division of Continuing Studies, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. The programs are designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES). See program listings for number of continuing education contact hours

Registration Form
Please register me for

Online classes
- Contemporary Issues in Geriatric Mental Health Care
  $225 ................................................................. #3051-17-LAAS
- Cross-cultural Health Care Case Studies
  $95 ................................................................. #2815-17-LAAS
- Forgiveness: A Pathway to Emotional Healing
  $95 ................................................................. #3309-17-LAAS
- Grief Support Specialist Certificate
  March 17-May 15, $1,295 before Feb 17, $1,495 after ........................................ #3315-17-LAAS

Alcohol and drug abuse
- Class 1: Fundamentals of Substance Abuse and Addiction
  Tue, Mar 21, $150 ..................................................... #2723-17-LAAS
- Class 2: Substance Abuse, Families, and Trauma-Informed Care
  Wed, Mar 22, $150 ..................................................... #2728-17-LAAS
- Class 3: Effective Screening, Assessment, and Intervention
  Tue, Apr 18, $150 ..................................................... #2729-17-LAAS
- Class 4: Cultural Competency in Treatment and Recovery
  Wed, Apr 19, $150 ..................................................... #2730-17-LAAS
- Class 5: Effective Models for Treatment
  Tue, May 9, $150 ..................................................... #2731-17-LAAS
- Class 6: Motivating Clients for Change
  Wed, May 10, $150 ..................................................... #2732-17-LAAS

Elder health
- Delirium: How to Respond When Told “This Is Not My Mom!”
  Learn about evidence-based approaches to delirium, including risk screening, prevention, acute intervention, and transitional care considerations.
  - Wed, Mar 1
    5 CECH hours, $145
- Strengths-Based Care Management for Geriatric Mental Health Care
  Discover a philosophy and set of methods that emphasize the resources and skills of older adults.
  - Thu, Mar 9
    5 CECH hours, $145
- Late-Life Anxiety
  Get the latest information on how to effectively respond to older adults with anxiety.
  - Wed, Mar 22
    5 CECH hours, $145
- Loneliness: An Invisible Mental Health Epidemic Among Older Adults
  Explore research and therapeutic approaches that address the impact of loneliness in late life.
  - Fri, Apr 7
    5 CECH hours, $145

Are you a National Certified Counselor through the National Board for Certified Counselors?  Y N
Are you a psychologist?  Y N

Phone: 608-262-2451 or 800-725-9692 (Wisconsin Relay 711)
Fax: 608-265-3163 or 800-741-7416
Phone, fax or online registrations must include payments by credit card or purchase order.
If you have a disability and would like to request accommodations, contact Andy Richardson at 608-262-0557 or andy.richardson@wisc.edu. Requests are confidential.

DCS-IMC-13922-1/17