ONLINE BEHAVIORAL HEALTH CLASSES

KNOWLEDGE AND EXPERTISE BEHAVIORAL HEALTH counselors, therapists and health and human services providers. Approved continuing education for psychologists, social workers, and mental health and substance abuse counselors (WI Chapter MPSW 19 and SPS 168). Wisconsin social workers, marriage and family therapists, substance abuse counselors, and speech-language pathologists can fulfill their continuing education requirements for licensed professionals through UW–Madison Continuing Studies.

Our live, interactive online programs meet continuing education requirements for licensed Wisconsin social workers, marriage and family therapists, substance abuse counselors and speech-language pathologists. UW–Madison Continuing Studies is an approved continuing education provider through the following:

- APA: UW–Madison Division of Continuing Studies is approved to offer continuing education credit for psychologists. UW–Madison Division of Continuing Studies maintains responsibility for the program and its content. Our live, interactive online programs meet continuing education requirements for licensed Wisconsin social workers, marriage and family therapists, substance abuse counselors and speech-language pathologists.

- NCCHS: Approved Continuing Education Provider (CEP) (5990).

- NASCA: Continuing Education Provider (CEP) (MMEP101794).

- NCHEC: UW–Madison Division of Continuing Studies is approved by the National Commission for Health Education Credentialing, Inc. (NCHEC) for Certified Health Education Specialists (CHES®) and Master Certified Health Education Specialist (MCHES®). See individual program listings for CECH.

Programs that do not qualify for NBCC credit are clearly identified. The University of Wisconsin–Madison Division of Continuing Studies is solely responsible for all aspects of the programs.

Continuing Education hours approved and verified. Participants receive verification of attendance at the end of program, after submission of the program evaluation. Our live, interactive online programs meet continuing education requirements for licensed Wisconsin social workers, marriage and family therapists, substance abuse counselors and speech-language pathologists. UW–Madison Continuing Studies is an approved continuing education provider through the following:

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- NCBHC: UW–Madison Continuing Studies is approved by the National Board for Certified Counselors (NBCC), Approved Continuing Education Provider (CEP) (5990).

General information:
Fees: Course fees include instruction, materials, continuing education hours and a $25 nonrefundable administrative fee. Some programs include online, live and interaction. Details, including instructions for accessing online learning platforms via the internet or dial-in options, are emailed to course registrants.
Registration deadline: To ensure your place in a course, register as early as possible at 608-262-2451 or continuingstudies.wisc.edu.
Cancellation policy: If you are unable to attend or arrange for a substitute, you may obtain a refund minus the administrative fee charged per our registration department at least three business days before the program starts. If you cancel three to fewer business days before the program starts, or do not attend, you are responsible for the entire fee. To cancel or arrange for a substitute, call 608-262-1682.

Two – three day courses:
- Contact your own board or organization for specific continuing education requirements. If you have a disability and request accommodation, please contact Kristi Obmascik at 608-262-0557 or andy.richardson@wisc.edu when you register. Requests are confidential.

January
- Thursday, Jan. 7, 2–4 p.m. Building Intimacy Needs
- Friday, Jan. 8, 9 a.m.–4 p.m. 360-Degree Power 2–4 p.m. Ethics and Boundaries
- Tuesday, Jan. 12, 2–4 p.m. Update on Anxiety Disorders and Trauma Disorders
- Thursday, Jan. 14, 9 a.m.–4 p.m. Ethics and Boundaries: Ethics in Conflicts
- Tuesday, Jan. 19, 2–4 p.m. Applying the Bipolar Spectrum
- Thursday, Jan. 21, 9 a.m.–4 p.m. Managing Conflict and Mediation Skill
- Friday, Jan. 22, 9 a.m.–4 p.m. Forgiveness: A Pathway to Mental Health Care

February
- Thursday, Feb. 4, 8 a.m.–4 p.m. Motivational Interviewing: Advanced Skills Practice
- Tuesday, Feb. 9, 2–4 p.m. Ethics, Boundaries and the Internet
- Thursday, Feb. 11, 2–4 p.m. Update on Psychopharmacology
- Tuesday, Feb. 16, 2–4 p.m. Ethics and Boundaries: Ethics in Conflicts
- Thursday, Feb. 18, 9 a.m.–4 p.m. Managing Pain and Emotional Distress
- Friday, Feb. 19, 9 a.m.–3 p.m. Managing Conflict

March
- Wednesday–Thursday, March 3–4, 9 a.m.–4 p.m. Untangling Grief
- Thursday, March 4, 9 a.m.–4 p.m. Ethics, Boundaries and the New Genetics
- Tuesday, March 9, 9 a.m.–4 p.m. Update on the Bipolar Spectrum
- Thursday, March 11, 9 a.m.–4 p.m. Second Generation, Substance Use, and COVID-19
- Thursday, March 18, 9 a.m.–4 p.m. Motivational Interviewing: A Pathway to Wellness

April
- Thursday, April 1, 9 a.m.–3 p.m. Enhancing Care with Speech and Language Pathology
- Thursday, April 8, 9 a.m.–3 p.m. Untangling Grief
- Thursday, April 22, 9 a.m.–3 p.m. Developing Conflict Resolution and Mediation Skill
- Thursday, April 29, 9 a.m.–3 p.m. Untangling Grief
- Friday, May 7, 9 a.m.–3 p.m. Online anytime classes

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Learn more about these classes and register: continuingstudies.wisc.edu/behavioral-health
ADVANCED DEMENTIA CARE

Get the latest information and practice skills you need to provide competent and compassionate dementia care. All classes are live and online.

Learn more about these classes and register: continuingstudies.wisc.edu/aging

Applying a GEM®® Approach
Thursday, Jan. 28, 9 a.m.–3:30 p.m.
Fee: $160; 5 CE hours (0.5 CEU)
Level: Introductory to Intermediate
Instructor: Nancy Chapin
Learn about the unique person-centered GEM®® model developed by Teepa Snow, MS, CDT. The approach acknowledges and individual’s remaining cognitive abilities and dignity as they pass through the phases of dementia.

Managing Pain and Emotional Distress
Wednesday, Feb. 17, 1–5:30 p.m.
Fee: $160; 5 CE hours (0.5 CEU)
Level: Intermediate
Instructor: Nathalie Clin
Explore pathophysiological approaches to the identification and treatment of pain in persons with advanced dementia.

Addressing Sexuality and Intimacy Needs
Friday, March 12, 9 a.m.–3 p.m.
Address: University of Wisconsin
Explore optimal evidence-based approaches to care that support the client in advanced dementia, including basic approaches as well as how to support the couples as they pass through the phases of dementia.

Mental Health
Earn your required continuing education with these live, interactive online programs. Each program is delivered by a Board-Certified Psychiatrist, who is a member of the faculty at the University of Wisconsin-Madison Department of Psychiatry.

Learn more about these classes and register: continuingstudies.wisc.edu/mental-health

Biological Foundations of Ethics and Boundaries
Thursday, Jan. 28, 2–3 p.m.
Fee: $70; 2 CE hours (0.2 CEU)
Level: Advanced
Instructor: David Mays, MD, PhD
Discuss ethical issues arising from new discoveries in genetics, including the future of genetic manipulation.

Ethics, Boundaries and the Internet
Thursday, Feb. 11, 2–3 p.m.
Fee: $70; 2 CE hours (0.2 CEU)
Level: Intermediate to advanced
Instructor: David Mays, MD, PhD
Explore the biological origins of "ethical" behavior, understand the roots of why we believe some acts are moral and some are not, and learn how to support our family members to support their own moral values.

Ethics and Boundaries in Dementia
Thursday, Feb. 18, 2–3 p.m.
Level: Intermediate
Instructor: Jessica Livermore, MD
Consider ethical issues involved in working with electronic records, boundary issues involved with internet searches of clients, and legal and ethical issues related to telemedicine services.

Update on Anxiety Disorders and Substance Use
Tuesday, Jan. 26, 2–4 p.m.
Fee: $205; 5 CE hours (0.5 CEU)
Level: Intermediate to advanced
Instructor: Robert Safford, MD
Learn the latest in the management of anxiety and substance use disorders.

Update on Bipolar Spectrum
Tuesday, Jan. 26, 2–4 p.m.
Fee: $205; 5 CE hours (0.5 CEU)
Level: Intermediate to advanced
Instructor: Robert Safford, MD
Sort through the confusion surrounding mental health disorders and mood disorders, including the bipolar spectrum.

Update on Psychopharmacology
Tuesday, Feb. 9, 2–4 p.m.
Fee: $205; 5 CE hours (0.5 CEU)
Level: Intermediate to advanced
Instructor: Robert Safford, MD
Learn how to approach psychiatric treatments of the major mental illnesses, including side effects and monitoring, including the use of street drugs to treat some psychiatric crises.

Grief Support Specialist Certificate
Jan. 26–March 22
Fee: $1,295 through Jan. 1, $1,495 after
20 CE hours (2.0 CEU), 20 CECH
Level: Introductory to Intermediate
Instructor: David Oltmann, MSW
Receive the latest in grief care and how to provide grief care to individuals and families who have had a major loss as the result of death, divorce, unemployment, or other traumatic personal devastation.

Advanced Practice Skills
Tuesday, Feb. 9, 2–4 p.m.
Fee: $205; 5 CE hours (0.5 CEU)
Level: Intermediate to advanced
Instructor: David Oltmann, MSW
Learn to help your clients and patients succeed by participating in fully online programs that provide a practical, interactive learning experience.

For more information, contact: Norma.Harms@wisc.edu

In-Depth Certificate Programs and Skill-Building Trainings

Help your patients and families succeed by participating in fully online programs that provide practical, interactive learning experiences.

Learn more about these classes and register: continuingstudies.wisc.edu/wisc/health

INTEGRATIVE MEDICINE

"I would like to express my deepest appreciation and admiration for your authenticity, and the experiences you shared this weekend. Everything you said resonated with me and the tools you introduced are very helpful for me personally and professionally. This weekend is among the most valuable, meaningful and rewarding experiences I've had in my career."

- Duck Chen, M.D.